BEVERAGES

COFFEE & MIXED

Espresso	3.5	2kJ				
Ristretto	3.5	1kJ				
Long Black	4	4kJ	4.7	5kJ	5.4	6kJ
Macchiato	3.7	32kJ				
Piccolo Latte	3.7	163kJ				
Flat White	4	375kJ	4.7	585kJ	5.4	656kJ
Cappuccino	4	390kJ	4.7	604kJ	5.4	725kJ
Latte	4	384kJ	4.7	602kJ	5.4	704kJ
Affogato	5	498kJ				
Green Tea Latte	4.3	939kJ	5	1520kJ	5.7	2050kJ
Chai Latte	4.3	907kJ	5	1460kJ	5.7	1960kJ
Babyccino	1.5	58kJ				

ICED

Iced Long Black	4.7	5kJ	5.4	8kJ		
Iced Latte	5.2	512kJ	5.9	804kJ		
Iced Coffee	5.5	981kJ	6.2	1280kJ		
Green Tea Frappe	5.7	1950kJ	6.4	2890kJ		
Coffee Frappe	5.7	1270kJ	6.4	1610kJ		

TEA

English Breakfast	4.2	4kJ	Chamomile	4.2 4kJ
Earl Grey	4.2	4kJ	Organic Peppermint	4.5 4kJ
Green Tea	4.2	5kJ	Organic Lemongrass Ginger	4.5 4kJ

Coffee Shot | Decaf Coffee | Belgian Chocolate | Vanilla | Hazelnut 0.7
Caramel syrup | Soy | Almond | Lactose free milk

BLENDED

Smoothie	6	1270kJ	6.7	1610kJ		
Banana						
Strawberry		1570kJ		2080kJ		
Mango		1360kJ		1950kJ		
Mixed berry		1350kJ		1930kJ		
Milkshake	5.5		6.2			
Vanilla		1600kJ		2130kJ		
Strawberry		1550kJ		2050kJ		
Banana		1570kJ		2080kJ		
Caramel		1600kJ		2120kJ		
Chocolate		1590kJ		2110kJ		
Lemonade	5.5		6.2			
Plain		715kJ		1120kJ		
Blue		890kJ		1430kJ		
Pink		852kJ		1370kJ		

The average adult daily energy intake is 8700kJ.

BEVERAGES & DESSERTS

PREMIUM BELGIAN CHOCOLATE

Hot Chocolate

Milk	5.5	1340kJ	6.2	2020kJ	6.9	2670kJ
Dark		1320kJ		2000kJ		2640kJ
White		1350kJ		2040kJ		2690kJ

Chocolate Mocha

Milk	5.5	1080kJ	6.2	1570kJ	6.9	2150kJ
Dark		1170kJ		1750kJ		2140kJ
White		1090kJ		1580kJ		2180kJ

Iced Chocolate

Milk	6.5	2630kJ	7.2	3460kJ		
Dark		2600kJ		3420kJ		
White		2650kJ		3480kJ		

Iced Mocha

Milk	6.5	2450kJ	7.2	3220kJ		
Dark		2430kJ		3190kJ		
White		2460kJ		3240kJ		

Chocolate Frappe

Milk	6.5	2630kJ	7.2	3460kJ		
Dark		2600kJ		3420kJ		
White		2650kJ		3480kJ		

Mocha Frappe

Milk	6.5	2030kJ	7.2	2820kJ		
Dark		2000kJ		2780kJ		
White		2050kJ		2840kJ		

Cookies & Cream 6.5 2850kJ 7.2 3930kJ

Coffee Shot | Decaf Coffee | Belgian Chocolate | Vanilla | Hazelnut 0.7
Caramel syrup | Soy | Almond | Lactose free milk

FRESH JUICE

Orange | Apple | Celery | Carrot | Ginger

Single/two mixtures	6.0	6.7
Three mixtures	6.5	7.2
Four/more mixtures		7.5

(Large size only)

DESSERTS

Belgian Waffles

for one	6.2	3250kJ
for two	10	5620kJ

Belgian Fruit Waffles

for one	11	3670kJ
for two	16.5	6240kJ

Fruit Crepe 13.5 2060kJ

Extra chocolate shot	2.0
Extra ice cream	1.0

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ALL DAY BREAKFAST

Bread Choice: White, Multigrain, Wholemeal, Sourdough or Turkish Bread
Egg Choice: Poached, Fried or Scrambled

Toast		4.5	
White 670kJ | Multigrain 645kJ | Wholemeal 640kJ			
+ EXTRA 1 Sourdough 877kJ | Turkish 858kJ			
Croissant	Ham & cheese	9	1845kJ
	Cheese & tomato		
Ham, Cheese & Tomato Sandwich on Sourdough Bread		8.8	1537kJ
Bacon & Egg Roll		11	3050kJ
Eggs on Toast		8.8	
B.L.A.T		12	3500kJ
French Toast		14.9	3530kJ
Cherry Beans Breakfast		15.9	4580kJ
Ultimate Big Breakfast		21.8	5440kJ
Pancake		14.5	3340kJ
Eggs Benedict	Ham	15.9	2310kJ
	Bacon	15.9	3960kJ
	Smoked salmon	17.9	2560kJ
Omelette		14.5	3430kJ
CCBS Breakfast (As known as Alex's Breakfast)		14.2	2430kJ
Kransky Brekkie Roll		14	4090kJ

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LUNCH

Fish and Chips		17	3230kJ
Fisher Man's Basket		17.9	3870kJ
Chicken Parmigian	Plain (Napolitana & cheese)	16	3840kJ
	Ham & pineapple	18	4180kJ
	Bacon	19.5	5080kJ

Melts on Turkish bread Served w/ Crispy Chips

Avocado Tomato & Onion Melts		15	2890kJ
Basil Pesto Grilled Chicken & Avocado Melts		16.7	4480kJ
Hawaiian Melts		14.5	2860kJ

Kid's Meal

Kids Pancake		8.5	2060kJ
Triple Kids Fries		6.5	2040kJ
Kids Burger & Chips		10.9	2540kJ

Sides

Herby Fries		8.5	1350kJ
Wedges		12	2340kJ
Side of Garnish Salad		5.5	274kJ
Side of Chips		5.5	998kJ

The average adult daily energy intake is 8700kJ.

LUNCH

Burgers & Sandwiches

Aussie Burger with Crispy Chips	17.6	4960kJ
Chicken Burger with Crispy Chips	16.9	3260kJ
Club Sandwich with Crispy Chips	17.9	3960kJ
Salad Sandwich	10.9	1460kJ
Chicken Deluxe Sandwich	15.5	2320kJ
Smoked Salmon Sandwich	16	3370kJ

Gourmet Salads Extra Grilled chicken 3

Caesar Salad	13.5	2330kJ
Garden Salad	11.9	756kJ
Smoked Salmon Salad	16.5	1580kJ

Extras

Smoked Salmon	3.5
Grilled Chicken / Grilled Sausage	3
Bacon / Ham / Avocado	3
Egg / Tomato / Rocket / Asparagus	2.5
Hash Brown / Mushroom	2.5

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